MON November 2	WED November 4	FRI November 6
Juice	Juice	Juice
Baked Ham Scalloped Potatoes	Baked Chicken w Chalet Sauce Baked Potato	Beef Stroganoff Buttered Egg Noodles
Italian Baked Fish Mashed Potatoes	Vegetable Lasagna	Baked Salmon Fillet Lyonnaise Potatoes
Asparagus Sliced Beets	Tossed Salad & Italian Dressing Broccoli	Peas Cauliflower
Assorted Tart	Carrot Cake	Lemon Bar
Pineapple Tidbits	Diced Pears	Peach Slices

MON November 9	WED November 11	FRI November 13
Juice		Juice
	NO MEALS ON WHEELS	
Salisbury Steak w Gravy Mashed Potatoes		Pork Chop & Mushroom Sauce Whipped Potatoes
Seasoned Chicken Thigh Mashed Potatoes		Honey Mustard Haddock Diced Potatoes
Broccoli Carrots		Asian Vegetables Corn
Maple Cake	**OFFICE CLOSED**	Orange Dream Shortcake
Fruit Cocktail		Blueberries

MON November 16	WED November 18	FRI November 20
Juice	Juice	Juice
Turkey Pot Pie	Meatloaf w Gravy	Teriyaki Beef & Broccoli
Mashed Potatoes	Mashed Potatoes	Rice
Baked Pollock	Spinach & Cheese Cannelloni	Breaded Lemon Pepper Cod
Rice	Garlic Toast	Mashed Potatoes
Squash	Peas	Asian Vegetables
Green Beans	Zucchini	Carrots
Assorted Cheesecake	Blondie Bars	Chocolate Cake
Melon	Cinnamon Pears	Apricots

MON November 23	WED November 25	FRI November 27
Juice	Juice	Juice
Baked Ham	Baked Chicken w Chalet Sauce	Beef Stroganoff
Scalloped Potatoes	Baked Potato	Buttered Egg Noodles
Italian Baked Fish	Vegetable Lasagna	Baked Salmon Fillet
Mashed Potatoes		Lyonnaise Potatoes
Asparagus	Tossed Salad & Italian Dressing	Peas
Sliced Beets	Broccoli	Cauliflower
Assorted Tart	Carrot Cake	Lemon Bar
Pineapple Tidbits	Diced Pears	Peach Slices

MON November 30
Juice
Salisbury Steak w Gravy
Mashed Potatoes
Seasoned Chicken Thigh
Mashed Potatoes
Broccoli
Carrots
Maple Cake
Fruit Cocktail