

MON August 3	WED August 5	FRI August 7
	Juice	Juice
No Meals on Wheels		
	Meatloaf w Gravy Mashed Potatoes	Teriyaki Beef & Broccoli Rice
	Spinach & Cheese Cannelloni Garlic Toast	Lemon Pepper Cod Mashed Potatoes
	Peas Zucchini	Asian Vegetables Carrots
Office Closed	Blondie Bars	Chocolate Cake
	Cinnamon Pears	Apricots

MON August 10	WED August 12	FRI August 14
Juice	Juice	Juice
Baked Ham Scalloped Potatoes	Baked Chicken w Chalet Sauce Baked Potato	Beef Stroganoff Buttered Egg Noodles
Italian Baked Fish Mashed Potatoes	Vegetable Lasagna	Baked Lemon Salmon Lyonnaise Potatoes
Asparagus Sliced Beets	Tossed Salad & Italian Dressing Broccoli	Peas Cauliflower
Assorted Tart	Carrot Cake	Lemon Bar
Pineapple Tidbits	Diced Pears	Peach Slices

MON August 17	WED August 19	FRI August 21
Juice	Juice	Juice
Salisbury Steak w Gravy Mashed Potatoes	BBQ Farmers Sausage Mashed Potatoes	Pork Chop & Mushroom Sauce Whipped Potatoes
Seasoned Chicken Thigh Mashed Potatoes	Turkey Cacciatore Rice	Honey Mustard Haddock Diced Potatoes
Broccoli Carrots	California Vegetables Green Beans	Asian Vegetables Corn
Maple Cake	Peach Crisp	Orange Dream Shortcake
Fruit Cocktail	Diced Pears	Blueberries

MON August 24	WED August 26	FRI August 28
Juice	Juice	Juice
Turkey Pot Pie Mashed Potatoes	Meatloaf w Gravy Mashed Potatoes	Teriyaki Beef & Broccoli Rice
Baked Pollock Rice	Spinach & Cheese Cannelloni Garlic Toast	Lemon Pepper Cod Mashed Potatoes
Squash Green Beans	Peas Zucchini	Asian Vegetables Carrots
Assorted Cheesecake	Blondie Bars	Chocolate Cake
Melon	Cinnamon Pears	Apricots

MON August 31

Juice
Baked Ham Scalloped Potatoes
Italian Baked Fish Mashed Potatoes
Asparagus Sliced Beets
Assorted Tart
Pineapple Tidbits