		Meals on Wheels		
	MON June 3	WED June 5	FRI June 7	
Drink	Juice	Juice	Juice	
Meat				
Choice 1	Honey Garlic Glazed Chicken	Baked Chicken w Chalet Sauce	Broiled Salmon	
OR	Scalloped Potatoes	Roasted Potatoes	Mashed Potatoes	
Choice 2	Ham	Baked Cod Fillet	illet Shepherd's Pie	
	Scalloped Potatoes	Roasted Potatoes		
Sides	Carrots	Broccoli	Green Beans	
	California Vegetables	San Francisco Vegetables	California Vegetables	
Dessert				
Choice 1	Triple Chocolate Fudge Cake	Apple Crumble Square	Assorted Donuts	
OR				
Choice 2	Mandarin Oranges	Crushed Pineapple	Grapes	

	MON June 10	WED June 12	FRI June 14
	Juice	Juice	Juice
Meat			
Choice 1	Crunchy Italian Fish	Meat Lasagna	Crunchy Baked Cod
OR	Mashed Potatoes	Whole Wheat Bread	Oven Browned Potatoes
UN			
Choice 2	Pork Chop in Mushroom Sauce	Turkey Vegetable Curry	Meatloaf & Gravy
	Mashed Potatoes	Rice	Oven Browned Potatoes
Sides	Brussels Sprouts	Carrots	Peas
	Squash	Green Beans	Beans & Carrots
Dessert			
Choice 1	Buttertart Square	Maple Chocolate Mania Cake	Bread Pudding
OR			
Choice 2	Diced Pear	Apricots	Mango

		Meals on Wheels		
	MON June 17	WED June 19		FRI June 21
Drink	Juice	Juice		Juice
Meat	Country Style Fried Chicken	Salisbury Steak & Gravy	Mediterranean Glazed Haddock	
Choice 1	Mashed Potatoes	Paprika Potatoes	Mashed Potatoes	
OR				
Choice 2	Swedish Meatballs	Sole with Lemon Pepper	Oktoberfest Sausage	
	Egg Noodles	Paprika Potatoes	Mashed Potatoes	
Sides	Broccoli	San Francisco Vegetables	Spinach	
	Beans & Carrots	Green Beans	Sauteed Pepper & Onion	
Dessert				
Choice 1	Iced Banana Cake	Banana Cream Pie	Chocolate Cookie Cheesecake	
OR				
Choice 2	Honeydew Melon	Mango	Apple Slices	
	Meals on Wheels			
	MON June 24	WED June 26		FRI June 28
Drink	Juice	Juice	Juice	
Meat				
Choice 1	Honey Garlic Glazed Chicke	n Baked Chicken w Chalet	Baked Chicken w Chalet Sauce	
OR	Scalloped Potatoes	Roasted Potatoes		Mashed Potatoes
Choice 2	e 2 Ham Baked Cod Fillet			Shepherd's Pie
	Scalloped Potatoes	Roasted Potatoes		
Sides	Carrots	Broccoli		Green Beans
	California Vegetables	San Francisco Vegetables		California Vegetables
Dessert				
Choice 1	Triple Chocolate Fudge Cak	Apple Crumble Square		Assorted Donuts
OR				
Choice 2	Mandarin Oranges	Crushed Pineappl	е	Grapes