

**NO Meals on Wheels**  
**Monday, May 20<sup>th</sup>**



	<b>Meals on Wheels</b>	
	<b>WED. May 1</b>	<b>FRI. May 3</b>
	Juice	Juice
<b>Meat</b>		
<b>Choice 1</b>	Meat Lasagna	Crunchy Baked Cod
OR	Whole Wheat Bread	Oven Browned Potatoes
<b>Choice 2</b>	Turkey Vegetable Curry	Meatloaf & Gravy
	Rice	Oven Browned Potatoes
<b>Sides</b>		
	Carrots	Peas
	Green Beans	Beans & Carrots
<b>Dessert</b>		
<b>Choice 1</b>	Maple Chocolate Mania Cake	Bread Pudding
OR		
<b>Choice 2</b>	Apricots	Mango

	<b>Meals on Wheels</b>		
	<b>MON. May 6</b>	<b>WED. May 8</b>	<b>FRI. May 10</b>
<b>Drink</b>	Juice	Juice	Juice
<b>Meat</b>	Country Style Fried Chicken	Salisbury Steak & Gravy	Mediterranean Glazed Haddock
<b>Choice 1</b>	Mashed Potatoes	Paprika Potatoes	Mashed Potatoes
OR			
<b>Choice 2</b>	Swedish Meatballs	Sole with Lemon Pepper	Oktoberfest Sausage
	Egg Noodles	Paprika Potatoes	Mashed Potatoes
<b>Sides</b>			
	Broccoli	San Francisco Vegetables	Spinach
	Beans & Carrots	Green Beans	Sauteed Pepper & Onion
<b>Dessert</b>			
<b>Choice 1</b>	Iced Banana Cake	Banana Cream Pie	Chocolate Cookie Cheesecake
OR			
<b>Choice 2</b>	Honeydew Melon	Mango	Apple Slices

	<b>Meals on Wheels</b>				
	<b>MON. May 13</b>	<b>WED. May 15</b>	<b>FRI. May 17</b>	<b>Meals on Wheels</b>	
<b>Drink</b>	Juice	Juice	Juice	<b>WED. May 22</b>	<b>FRI. May 24</b>
				Juice	Juice
<b>Meat</b>					
<b>Choice 1</b>	Honey Garlic Glazed Chicken	Baked Chicken w Chalet Sauce	Broiled Salmon	Meat Lasagna	Crunchy Baked Cod
<b>OR</b>	Scalloped Potatoes	Roasted Potatoes	Mashed Potatoes	Whole Wheat Bread	Oven Browned Potatoes
<b>Choice 2</b>	Ham	Baked Cod Fillet	Shepherd's Pie	Turkey Vegetable Curry	Meatloaf & Gravy
	Scalloped Potatoes	Roasted Potatoes		Rice	Oven Browned Potatoes
<b>Sides</b>					
	Carrots	Broccoli	Green Beans	Carrots	Peas
	California Vegetables	San Francisco Vegetables	California Vegetables	Green Beans	Beans & Carrots
<b>Dessert</b>					
<b>Choice 1</b>	Triple Chocolate Fudge Cake	Apple Crumble Square	Assorted Donuts	Maple Chocolate Mania Cake	Bread Pudding
<b>OR</b>					
<b>Choice 2</b>	Mandarin Oranges	Crushed Pineapple	Grapes	Apricots	Mango

	<b>Meals on Wheels</b>			
	<b>MON. May 27</b>	<b>WED. May 29</b>	<b>FRI. May 31</b>	
<b>Drink</b>	Juice	Juice	Juice	
<b>Meat</b>				
<b>Choice 1</b>	Country Style Fried Chicken	Salisbury Steak & Gravy	Mediterranean Glazed Haddock	
<b>OR</b>	Mashed Potatoes	Paprika Potatoes	Mashed Potatoes	
<b>Choice 2</b>	Swedish Meatballs	Sole with Lemon Pepper	Oktoberfest Sausage	
	Egg Noodles	Paprika Potatoes	Mashed Potatoes	
<b>Sides</b>				
	Broccoli	San Francisco Vegetables	Spinach	
	Beans & Carrots	Green Beans	Sauteed Pepper & Onion	
<b>Dessert</b>				
<b>Choice 1</b>	Iced Banana Cake	Banana Cream Pie	Chocolate Cookie Cheesecake	
<b>OR</b>				
<b>Choice 2</b>	Honeydew Melon	Mango	Apple Slices	