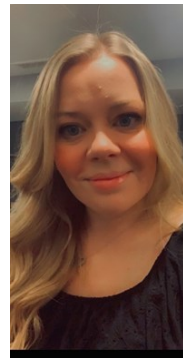


REDEVELOPMENT PICTURE



My name is Andrea Pepper and I am the Quality Lead at RLV/MNH. I started at RLV in February 2018 working in the scheduling department and as of April 1st, I began my new journey in Quality. My focus since starting has been on the following:

Staff Education/training, Ensuring our Quality Protocols and Evaluations are up to date, New Staff Orientation, Home Audits to look for areas where we are thriving and areas where we can improve. I look forward to continuing to work with the senior management team to ensure our homes are meeting and sustaining excellence in safety and quality of care and services.



We are hiring Registered Nurses, Cooks and Dietary Aides. Please apply at www.ritzlutheranvilla.com

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2020-2021**

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- Alissa Dearing
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- Christina Monterro Director of Care Mitchell Nursing Home
- Assistant Director of Care Becky Keyster
- Laura Clark, Finance Director
- Amanda Diehl, Nutrition Services
- Leah McNain,
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- Bill Van Bakel, Building Services
- Vicky Wolfe Hinz,
Manager of Outreach Services

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Established in 1974

Issue - Summer 2021

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“ Caring is our reason for being ”

We are Under Construction!

By now all of you will know that construction on the new West Perth Village is well underway. These are truly exciting times as in just about one month’s time we can begin to count down the days – yes days – until our residents’ begin moving into their new home.

How close are we you may ask?

Officially, construction is about 30% complete with the following milestones accomplished;

90% of foundations poured for new build, 80% of structural steel set, 100% of roof replacement completed, 50% of second floor precast completed. Another amazing fact we wanted to share with you is the level of community support that has flooded in to support our project. To date we have raised nearly \$3,000,000 million dollars! We have received some amazing donations and it is through our many friends and family members that this project would be possible! So thank you to all who have donated to date. If you would like to contribute to this worthy cause you can contact Jeff at jrenaud@ritzlutheranvilla.com



Message from Our Administrator

Welcome to our Summer edition of Shared Times Newsletter. Hello and warm greetings from Jeff Renaud! It has been quite a while since we have put out a newsletter – well before the Covid-19 Pandemic upended all of our lives. So our team wanted to send out a more upbeat newsletter that focuses on all the great things happening in our homes and less focus on the serious issues at hand!

We have begun the process of ordering new furnishings, fixtures, and equipment, for our redevelopment, some of which has been pressed into service at both homes. This includes new tubs and lifts! These are terrific milestones to be sure.

Our residents are really warming up to the idea of getting back outside – how you might ask? Well the demand for Stephanie’s exercise classes has really taken off and folk’s like Murray have been requesting to lend a hand with the

gardens! Over the past winter months our homes had more than 10 iPads continuously in action to ensure that our residents were able to speak with their families.

As we head into summer, there will be plenty to keep our residents stimulated including, collecting eggs from the Ritz Chicks, going for a campus ride on our amazing 3-wheeler, and getting our gardens ready for growing peppers and tomatoes. The last bit of good news I want to share is that 98% of our residents in both homes have received both doses for the Covid vaccination and so they will be able to safely take part in all the activities our homes have to offer.

Now that caregivers can join us and the weather is nice, the staff and residents look forward to welcoming you back for a visit. It will be nice to see you all again soon.

Cheers for a great summer to all!

Jeff Renaud



Update from Mitchell and Area Community Outreach

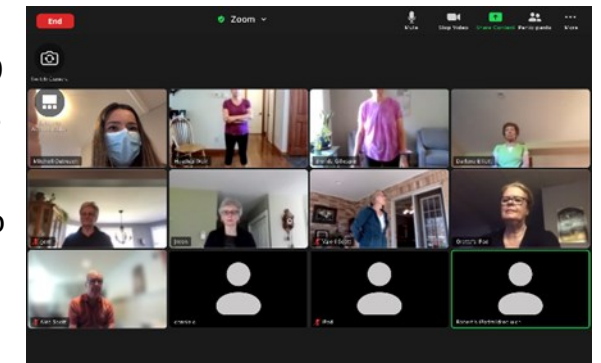


Spring has arrived with its sun, warmth, flowers and green grass. With the arrival of a new season comes hope as well as new activities for folks to engage in during the summer months.

Outreach clients have had the opportunity to participate in the West Perth Sunflower Trail in partnership with Program Support Dept. Clients were provided kits to start sunflowers which will be planted in early June around the Ritz Villa property. It has been exciting to watch the plant grow from seeds to young plants.



For the past couple months, the Outreach office has put together a Wellness Challenge to encourage members of the community to get involved and stay active! Last month’s challenge (May) was all about stretching and the month of June is all about WALKING! Each week coincides with a challenge surrounding the theme for the month and has been a great success. The challenges have been designed to be completed independently to respect the current COVID-19 guidelines and do not require any additional materials. The program is free of charge and prizes to be won! Interested individuals are asked to contact the Outreach office at 519-348-9765 to sign-up for July’s challenge




Virtual exercise programs have bloomed since they started in March. As a result of not being able to gather indoor for exercise, the programs went virtual with our amazing volunteers leading the way. Through the online platform Zoom, residents of West Perth have been able to get their bodies moving, as well as socialize with each other.

Programs and services available to meet the needs of clients include, but not limited to, transportation services, escort trip attendant, meals on wheels, virtual exercise programs, door to door dining programs, blood pressure clinics, footcare clinics, grocery delivery, etc. To book transportation, call Easyride at 519-272-9875 and for programs bookings call 519-348-9765. The Outreach team wishes everyone a wonderful summer!

The Vision
 “Ritz Lutheran Villa will be a recognized leader of services for Seniors and those in need.”

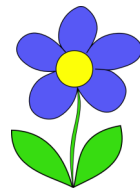
Our Mission
 “Ritz Lutheran Villa is a not-for-profit long term care and retirement community committed to providing compassionate, quality care, housing, outreach and related services to enrich the lives of those we serve and those who serve them.”



Values That Guide Us

- Integrity
- Excellence
- Teamwork
- Innovation
- Customer Focus
- Safety

Department Updates



NURSING

The past year has led to many challenges and changes in the nursing department. With tightened pandemic restrictions came heightened infection prevention and control protocols. We have enhanced twice daily cleaning throughout our homes, all staff and residents are screened for symptoms twice daily, all staff wear medical masks and eye protection and get tested for Covid twice weekly. We have hired full-time PSWs to screen and complete antigen testing for staff and visitors allowing us to improve visiting hours so residents can stay connected with the ones who are near and dear to them. We are also implementing new software called HealthConnex which enhances our infection surveillance and auditing.

In other positive news MNH will be brightening the area around the nursing station, creating a BSO area to engage residents with fun activities. RLV has been setting up interactive areas throughout the building for residents to enjoy a variety of activities. Our homes are now also restraint free facilities which will help reduce agitation and pressure ulcers. We have also been successful in introducing a new nursing schedule which maximizes the number of full-time PSWs so residents have more consistent caregivers working consistent lines.

On behalf of the nursing team, we want to wish you and your family a safe and healthy summer and we look forward to sharing some time with you in the future.

Alissa, Becky and Christina

NUTRITION SERVICES

My name is Amanda Diehl. I am the new Director of Dietary Services. I have been at the Ritz and Mitchell Nursing Home since February 2021. I am very pleased to be here and am enjoying getting to know all of the residents and staff. We have started our Spring 2021 menu- which the residents



have approved via Food Committee Meetings. Items on the menu are ones residents have chosen based on their likes. I have been holding Food Committee Meetings Monthly with the residents to ensure they are pleased with the meals we are offering and that complaints are heard and dealt with in a timely manner.

We will be starting summer BBQ's at the end of June; all residents will get the chance to go outside and enjoy the sunshine. Along with residents inside will still have the BBQ food items.



In Loving Memory

The Ritz Lutheran Villa and Mitchell Nursing Home were fortunate to work with Salman and Paul. Both men showed the utmost care and compassion for our residents and were wonderful co-workers. We will miss them dearly and our sincere sympathies to their families.



Salman Afzaal



Paul Stewart

Tim Horton's Drive By

Residents from both Homes enjoyed their very own Tim Hortons Drive Thru Window. One of their favorite treats is Tim Horton's coffee and donuts. Thank you to Tim Hortons for the uniforms.



People & Activities



People & Activities

